

Food Resources

Kids Thrive 585, Inc

Supplemental Nutrition Assistance Program (SNAP)

SNAP is a federal nutrition program that helps you fill the gaps in your grocery budget, stretch your food dollars and buy healthy foods. SNAP benefits can be used to purchase food at grocery stores, convenience stores, some farmers' markets and co-op food programs, and at Foodlink's Curbside Market and Urban Farm Stands.

Website: <http://otda.ny.gov/programs/snap/>

Phone: 1-800-342-3009

For assistance applying for SNAP benefits contact Sue Segelman at 295-5624 or Pamela Johnson at 295-5626 at Legal Assistance of Western New York, Inc. Email: ssegelman@lawny.org or pjohnson@lawny.org.

Foodlink Programs

Foodlink is a regional food hub and the Feeding America food bank serving Allegany, Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Wayne, Wyoming, and Yates counties.

- **Foodlink's Kids Cafes** – Call Foodlink @ 328-3380 for a list of sites. Nutritious suppers & other activities are offered to kids at approximately **60** Monroe County locations.
- **Foodlink's Backpack program** – Call Foodlink @ 328-3380 for list of participating schools.

Address: *Foodlink Headquarters* 1999 Mt. Read Blvd. Rochester, NY 14615
Phone: (585) 328-3380
Website: <http://foodlinkny.org/>

2-1-1/LIFE LINE

2-1-1/LIFE LINE has a comprehensive database that is searchable by the county and zip code for information on local food pantry services.

- **Summer meals** – Call 2-1-1 during June – August for a list of sites open to youth 18 and under.

Phone: 2-1-1

Website: <https://211lifeline.org/>

WIC (Women, Infants & Children)

The WIC Program is a supplemental food and nutrition education program that serves pregnant, breastfeeding, postpartum women, infants, and children up to the age of five. To be eligible, the applicant must be a resident of New York State and have a household income of less than 185% of the poverty level.

Call Growing up Healthy hotline @ 1-800-522-5006 for the closest site.

Phone: Monroe County WIC Program at 753-4942

Website: <http://www2.monroecounty.gov/health-diseases.php#WIC>

Food programs available to all ages

- **Emergency Food Providers** – Call Lifeline at 211 or 275-5151 for nearest food pantries and soup kitchens.
- **Farmers Markets** – For a list of farmers markets that accept SNAP, go to www.snaptomarket.com. To locate all farmers market in your area, go to: www.agmkt.state.ny.us/communityfarmersmarkets.asp
- **Foodlink's curbside markets & urban farm stands** – Call 211 for a list of sites & times open. All sites accept SNAP & are open to the public.
- **Foodlink's mobile pantries at community agencies** – Call 211 for a list of sites & times open.
- **SNAP/Food Stamps** – The Nutrition Outreach & Education Program at Legal Assistance of Western New York, Inc. ® provides information on eligibility and can help individuals apply for SNAP. Call 295-5624 or 295-5626.