

If you are In Crisis and Need Immediate Help

If you are in immediate danger or thinking about harming yourself, tell someone who can help you right away.

Call Your Doctor's Office – Call 211 – Call 911 for emergency service.

Go to the nearest hospital emergency room.

Ask a family member or friend to help you reach out for help or take you to the hospital.

New York State Office of Alcoholism and Substance Abuse Services (OASAS)

The OASAS website provides general information about substance use disorder treatment along with answers to frequently asked questions about treatment options, and additional resources. They also run the New York State HOPEline (see below).

Website: <https://www.oasas.ny.gov/treatment>

HOPEline – 1-877-8-HOPENY

Offers help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. All calls are toll-free, anonymous and confidential. Services include trained clinicians and referrals to local prevention and treatment providers.

Telephone: 1-877-8-HOPENY (1-877-846-7369)

Rochester Area Service Committee of Narcotics Anonymous

Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem. It is comprised of recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. Call the hotline or visit the website for more information regarding meetings.

Website: <http://rochesterny-na.org>

24 Hour Hotline: (585) 235-7889

National Council on Alcoholism and Drug Dependence – Rochester Area (NCADD-RA)

NCADD-RA provides both research-based and evidence-based substance abuse and problem gambling prevention services to a diverse population through education, support, resources, advocacy and referral.

Address: 1931 Buffalo Road; Rochester, NY 14624

Telephone: (585) 719-3481 or 719-3484

Catholic Family Center

Catholic Family Center offers a variety of outpatient and residential substance abuse treatment programs for men and women. Resources and services embrace the cultural needs of their clients.

Address: 87 N Clinton Ave; Rochester, NY 14604

Telephone: (585) 546-7220

Rochester Regional Chemical Dependency

Provides comprehensive and personalized treatment for adolescents, adults, older adults, and their families. Services include outpatient programs, inpatient rehabilitation and residential programs. Outpatient appointments are available within 24 hours. Locations in Greece, Rochester, and Brighton.

Rochester General Hospital: (585) 922-4000

Newark-Wayne Community Hospital: (315) 332-2022

Unity Hospital: (585) 723-7000

United Memorial Medical Center: (585) 343-6030

Clifton Springs Hospital & Clinic: (315) 462-9561

Huther Doyle

Offers individuals and families culturally appropriate, high-quality addiction recovery and physical health services. Addiction treatment methods are research-based and client-centered to optimize the recovery process for each person.

Address: 360 East Ave; Rochester, NY 14604

Telephone: (585) 325-5100

Email: admin@hutherdoyle.com

John L. Norris Addiction Treatment Center

A 44-bed, inpatient, addiction treatment program operated by the New York State Office of Alcoholism and Substance Abuse Services. It has specially trained staff and programalcos to help those who are deaf or hard of hearing.

Address: 1732 South Ave; Rochester, NY 14620

Telephone: (585) 461-0410

Email: David.Freeman@oasis.ny.gov