

If you are In Crisis and Need Immediate Help

If you are in immediate danger or thinking about harming yourself, tell someone who can help you right away.

Call Your Doctor's Office -- Call 211 -- Call 911 for emergency service.

Go to the nearest hospital emergency room.

Ask a family member or friend to help you reach out for help or take you to the hospital.

New York State Office of Alcoholism and Substance Abuse Services (OASAS)

The OASAS website provides general information about substance use disorder treatment along with answers to frequently asked questions about treatment options, and additional resources. They also run the New York State HOPEline (see below).

Website: <https://www.oasas.ny.gov/treatment>

HOPEline – 1-877-8-HOPENY

Offers help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. All calls are toll-free, anonymous and confidential. Services include multi-lingual trained clinicians and referrals to local prevention and treatment providers.

Telephone: 1-877-8-HOPENY (1-877-846-7369)

Rochester Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is the desire to stop drinking. Call or visit the website for information regarding meetings.

Address: The Rochester Area Intergroup, Inc.
1000 Elmwood Avenue, Greenhouse Rochester,
NY 14620

Website: www.rochester-ny-aa.org

Telephone: (585) 232-6720

Office Hours: M-F 9:00am-7:00pm Sat 9:00am-1:00pm

Email: raacog@frontiernet.net

National Council on Alcoholism and Drug Dependence – Rochester Area (NCADD-RA)

NCADD-RA provides both research-based and evidence-based substance abuse and problem gambling prevention services to a diverse population through education, support, resources, advocacy and referral.

Address: 1931 Buffalo Road; Rochester, NY 14624
Telephone: (585) 719-3481 or 719-3484

Catholic Family Center

Offers a variety of outpatient and residential substance abuse treatment programs for men and women. Resources and services embrace the cultural needs of their clients.

Address: 87 N Clinton Ave; Rochester, NY 14604
Telephone: (585) 546-7220

Rochester Regional Chemical Dependency

Provides comprehensive and personalized treatment for adolescents, adults, older adults, and their families. Services include specialized outpatient programs, inpatient rehabilitation, and residential programs. Outpatient appointments are available within 24 hours. Locations in Greece, Rochester, and Brighton.

Rochester General Hospital: (585) 922-4000

Newark-Wayne Community Hospital: (315)
332-2022

Unity Hospital: (585) 723-7000

United Memorial Medical Center: (585) 343-6030

Clifton Springs Hospital & Clinic: (315) 462-9561

Huther Doyle

Offers individuals and families culturally appropriate, high-quality addiction recovery and physical health services. Addiction treatment methods are research-based and client-centered to optimize the recovery process for each person.

Address: 360 East Ave; Rochester, NY 14604

Telephone: (585) 325-5100

Email: admin@hutherdoyle.com

John L. Norris Addiction Treatment Center

A.44-bed, inpatient, addiction treatment program operated by the New York State Office of Alcoholism and Substance Abuse Services. It has specially trained staff and programs to help those who are deaf or hard of hearing.

Address: 1732 South Ave; Rochester, NY 14620

Telephone: (585) 461-0410

Videophone: 1-866-681-4627

Email: David.Freeman@oasis.ny.gov

Action for a Better Community (ABC)

ABC is a full outpatient clinic, servicing adults in the Rochester community. Services are in both English and Spanish, conducted from a diverse staff. These services include chemical abuse evaluations, group and individual treatment sessions, recovery management and relapse prevention, as well as information and referrals. ABC acts from a holistic and person-centered perspective.

Address: 33 Chestnut Street; Rochester NY 14604

Phone: 585-325-5116 x3200

Fax: 585-262-4826

Email: newdir@abcinfo.org

Hours: M-Th 8:30am-7:00pm; F 8:30-5:00pm

Baden Street

Baden Street is a 501c3 verified non-profit that works to improve the social, economic, and psychological health of adults affected by poverty in the Rochester area. Their treatment philosophy features positive choices and alternatives to provide integrated and comprehensive services in a manner that is consistent with cultural and social norms.

Address: 152 Baden Street; Rochester NY 14605

Phone: 585-325-4910 x1203

Fax: 585-546-1491

Email: hdiarz@badenstreet.org

Hours: M-F 8:30am-5:00pm

Conifer Park (CP)

Conifer Park is a private, inpatient chemical dependency facility in Glenville, NY. CP works through a comprehensive integrated program that commits to specialty practices while respecting the individuality of patients.

Address: 79 Glenridge Rd. Glenville NY 12302

Phone: 1-800-989-6446

Fax: 518-691-9317

Forms and additional information online at

www.coniferpark.com

Delphi Rise

Delphi Rise is an all-encompassing provider of substance abuse treatment, counseling, education, and recovery through care services. Delphi's mission is to empower patients and families so that they can make informed decisions about their health.

Address: 835 W. Main St. Rochester, NY 14611

Phone: 585-467-2230

Hours: M-Th 8am-8pm & F 8am-12:30pm

Contact Form online at <https://www.delphirise.org/contact.html>

East House

East House is a private, non-profit program that aims in preventing and treating mental illness and/or substance disorder with aims at fostering independence and fulfillment in the people they help.

East House (continued)

Address: 259 Monroe Avenue, Suite 200 Rochester, NY 14607

Phone: 585-238-4800

Applications online: <http://easthouse.org/admissions/referral-sources/>

Helio Health

Helio Health is an agency that offers an innovative approach to healing, and recovery. Their approach is clinical, caring, progressive, person-centric, as well as being respectful and realistic.

Phone: 315-471-1564

Other information and forms online at <https://www.helio.health/>

Sisters of Charity Hospital, Rochester Pathways

Sister's Hospital is part of Catholic Health located primarily in Buffalo. Catholic Health is a non-profit healthcare system that offers a wide variety of services.

Phone: 716-706-2112

Veterans Outreach Center

Veterans Outreach offers free programs and support for veterans in Rochester and the surrounding counties.

Address: 447 South Avenue, Rochester, NY 14620

Phone: 585-546-1081 or 1-866-906-8387

Hours: M-F 8:30am-5:00pm

Villa of Hope

Villa of Hope is an innovative human services organization that offers housing to adolescents and adults that works to restore familial strength and building stronger communities. Villa of Hope uses trauma-informed care as well as a residential system to help those suffering from substance abuse and/or addiction.

Address: 3300 Dewey Avenue, Rochester, NY 14616

Phone: 585-328-0834

Westfall Associates

Westfall Associates is committed to helping patients and families recover from the devastating effects of substance abuse. They work through a holistic framework, guiding patients through a multi-step process, taking exception to individual needs.

Address: 919 Westfall Road, Building B, Suite 60

Rochester, NY 14618

Phone: 585-473-1500

Contact form online at <http://www.westfallassociates.com/default.asp>